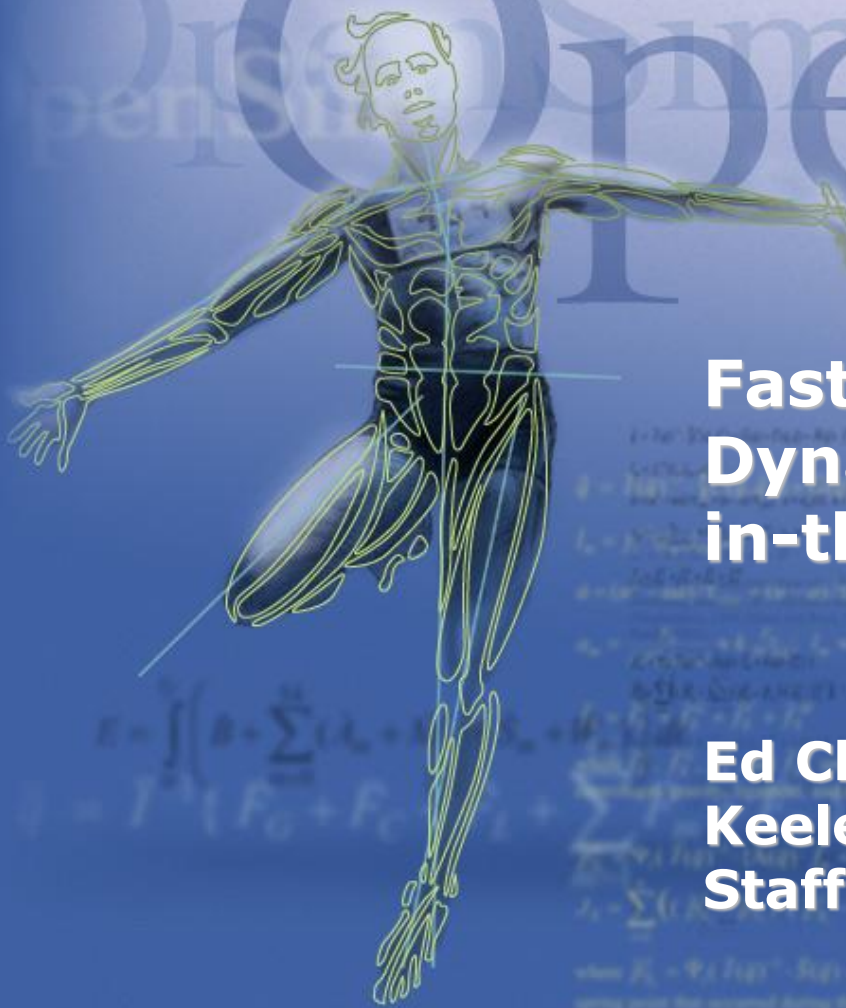


# OpenSim



## Fast Simulation of Arm Dynamics for Real-time, User-in-the-loop Control Applications

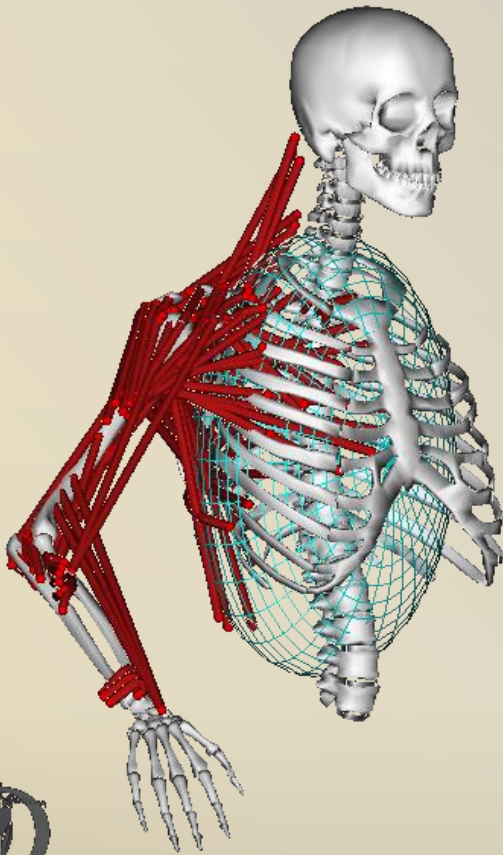
**Ed Chadwick**  
**Keele University**  
**Staffordshire, UK.**



# Acknowledgements

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- Ton van den Bogert, Cleveland State University, Cleveland, Ohio.
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- OpenSim project leads, team members and developer community
- NCSRR Outstanding Researcher Award scheme
  
- National Institutes of Health

# Fast Simulation of Arm Dynamics for Real-time, User-in-the-loop Control Applications



## Overview

1. Motivation and background work
2. Methods used to build the model and achieve fast simulation
3. Examples of real-time simulations and user-in-the-loop experiments
4. Discussion of achievements and limitations of our approach



# 1. Motivation and background work



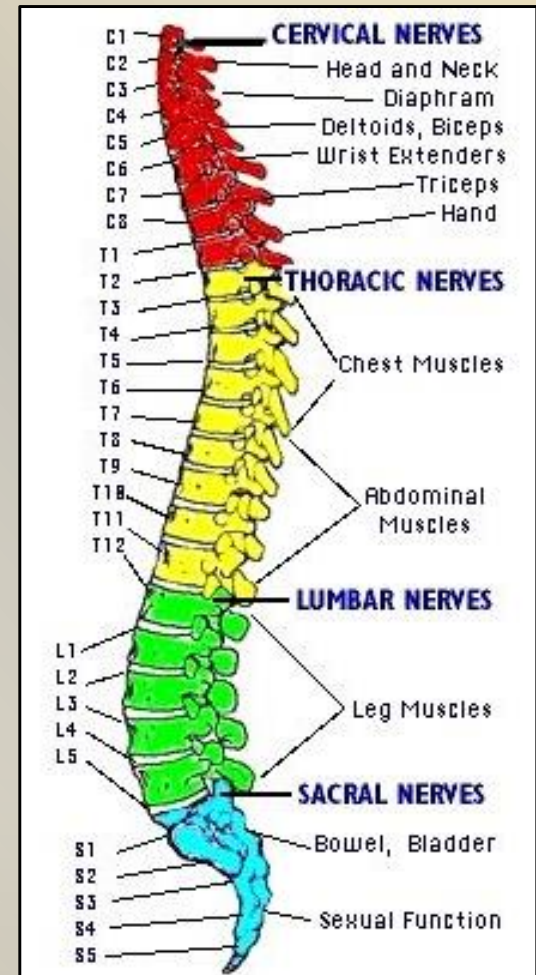
# Restoration of function in spinal cord injury

- The long-term goal of this work is to restore natural control of arm movement to people with high-level spinal cord injury (or other neuromuscular disorders that cause paralysis).
- There are many approaches to this:
  - Robotic exoskeletons
  - Robotic assistive devices
  - Regenerative medicine
  - **Re-animation using muscle stimulation**
- Recently identified as a grand challenge by Nesta
  - Longitude Prize: <http://www.longitudeprize.org/challenge/paralysis>



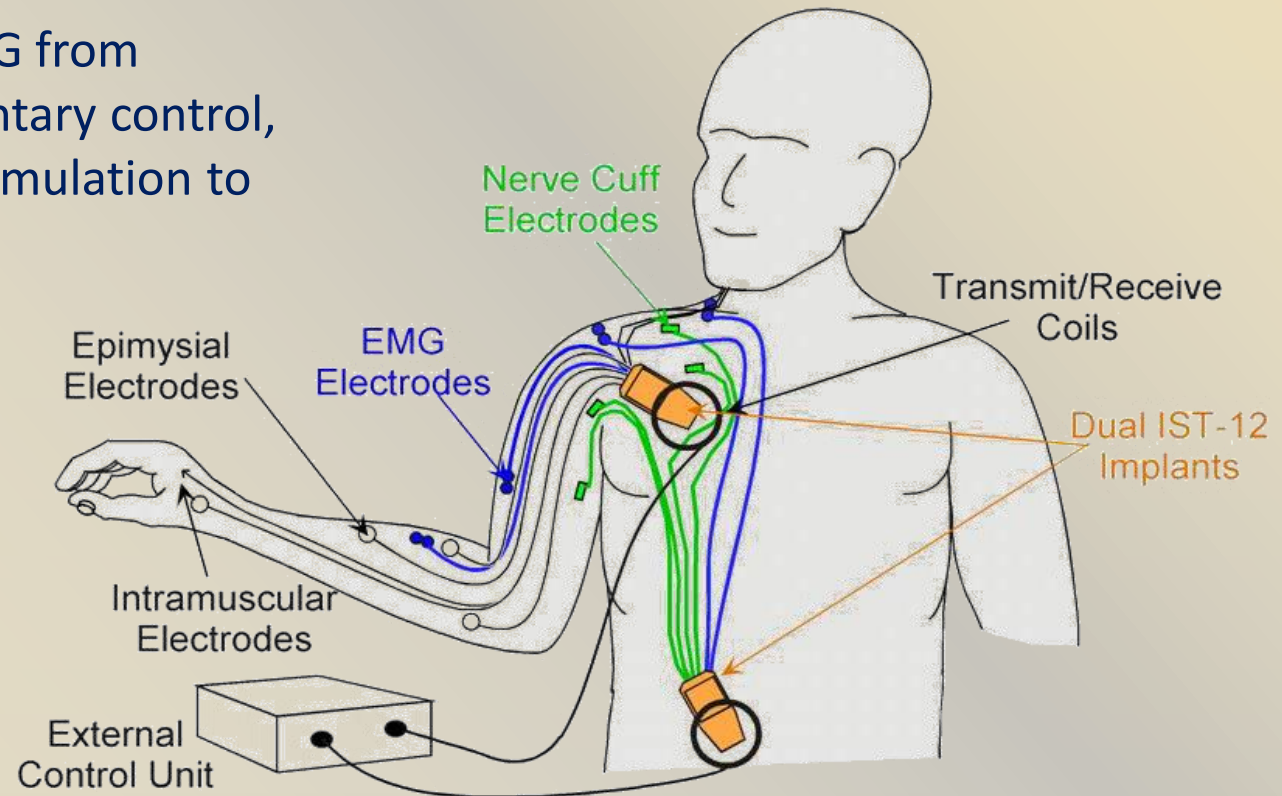
# Paralysis after spinal cord injury

- Spinal cord injury causes an interruption to the command signals from the brain reaching the muscles that control movement
- The muscles themselves, however, are still capable of producing force
- Coordinated stimulation of the muscles and nerves can produce functional movements in people who have lost voluntary control of movement



# An implanted neuroprosthesis system

In this example, EMG from muscles under voluntary control, is used to control stimulation to paralysed muscles.



*Case Western Reserve University / Cleveland FES Center*

An external controller determines the required muscle activation patterns to achieve the desired movements.



# Challenges in the control of assistive devices

- Each person's requirements and limitations are unique. How do we design a device to accommodate that?
- How does a user control an assistive device?
- How does this work in people with very high level injuries, whose command sources may be limited?
- How can we ensure that the device will operate safely?
- How will the system respond if the user's characteristics (e.g. strength) change over time?

We use model-based design to address these challenges.



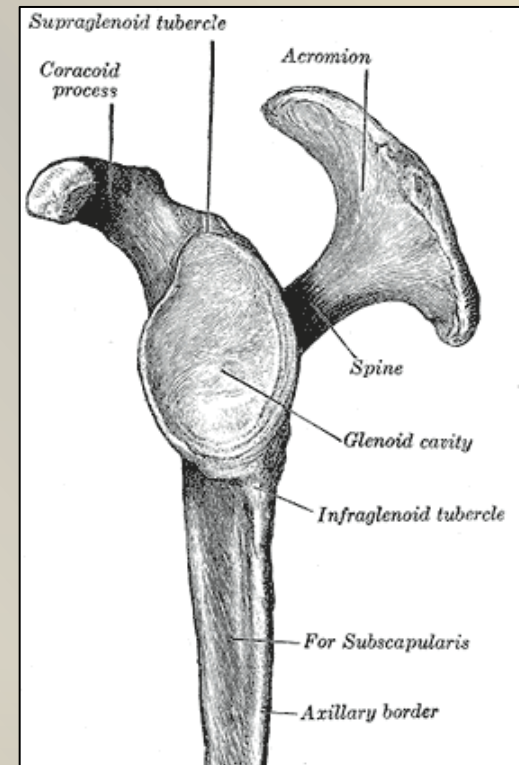


# Natural control of assistive devices

- Command interfaces
  - Sip-and-puff (mouth controlled devices)
  - Head orientation
  - Eye tracking
  - EMG from voluntary muscles
  - Brain-computer interfaces
- Feedforward and feedback control
  - Feedforward control identifies the ideal pattern of muscle activations required to achieve a desired movement
  - Feedback control corrects for perturbation, errors, fatigue during the performance of the movement

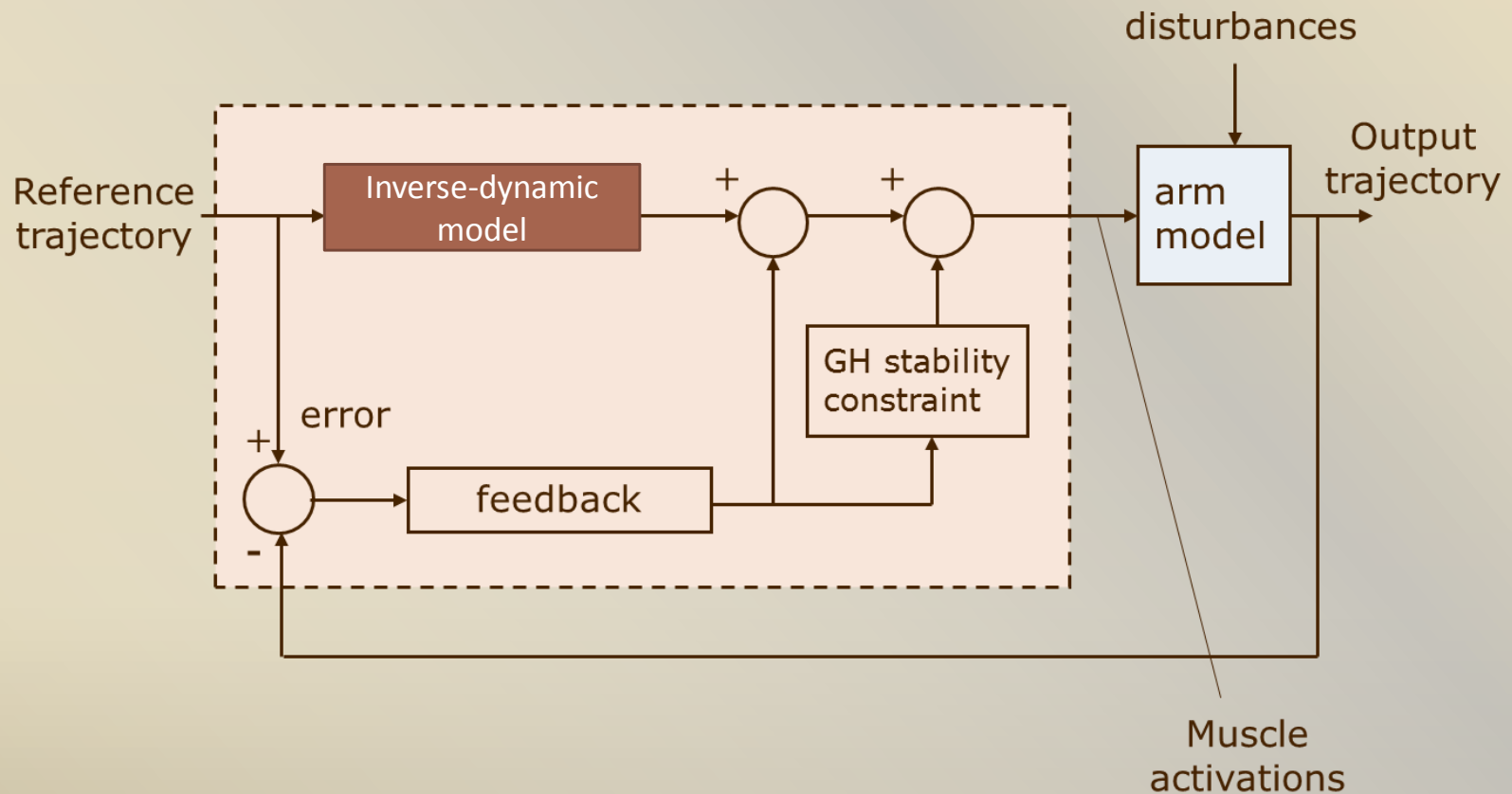
# Controlling the shoulder girdle

- We need to ensure that scapular motion is controlled to provide a stable base for elevation of the arm and hand positioning
- We need to ensure that glenohumeral stability is maintained
- Both of these are the responsibility of the controller in an FES system



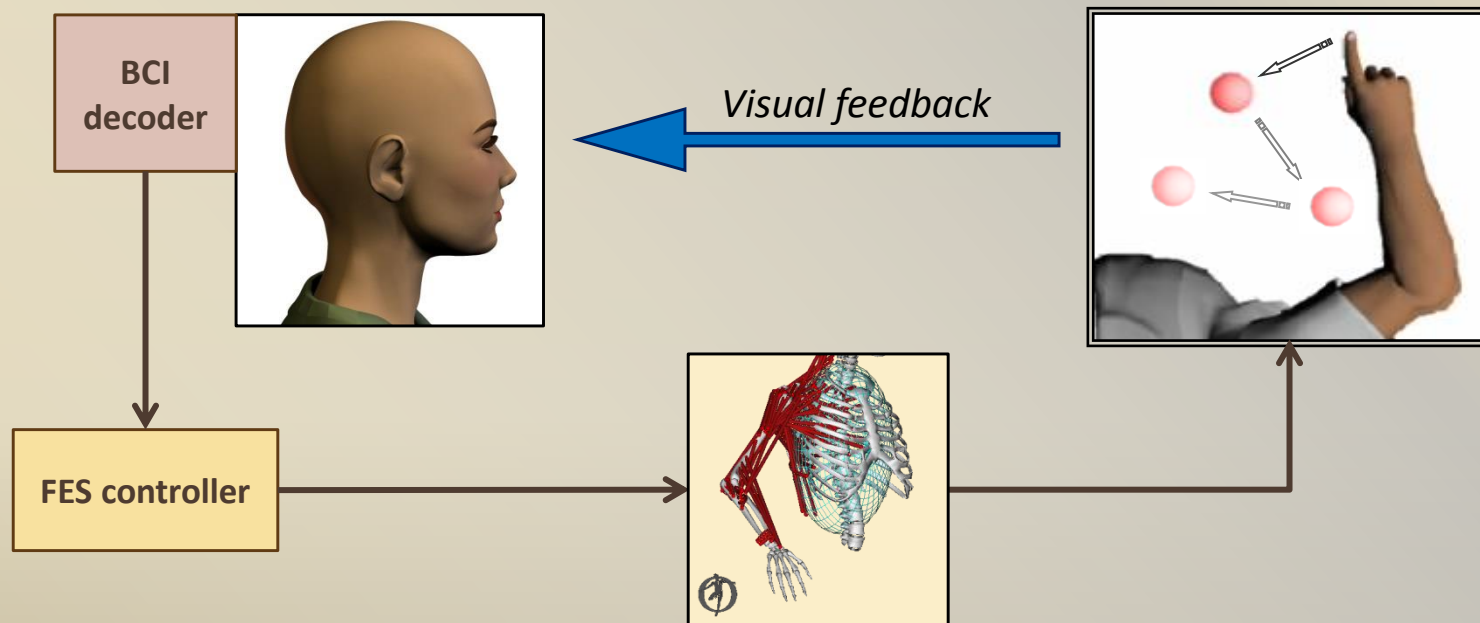
# Musculoskeletal models in device development

- We have used musculoskeletal models (offline) in controller design



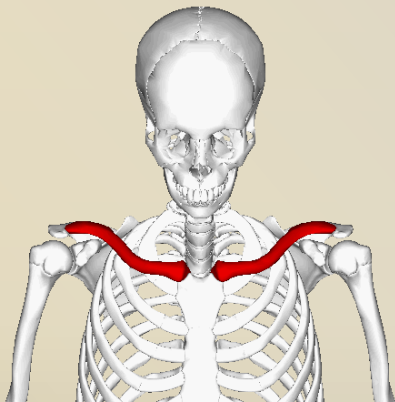
# The user as an integral part of the control loop

- For high-level injuries, a **brain-computer interface** becomes a promising command source, and the user becomes an integral part of the control loop
- A **forward-dynamic** model of the arm can be used in place of the user's own arm for device development and testing



# Stiff problems in musculoskeletal simulations

- Large variation in time-constants within the system (rate of response of outputs for specified changes in inputs) leads to **stiff systems**
  - integrator step sizes have to be very small to ensure a stable simulation
  - small step sizes lead to many steps and therefore slow simulations



*Low-inertia clavicle  
controlled by stiff muscles*

The aims of this work were to develop a comprehensive model of the shoulder and upper limb representing muscle dynamics, muscle-skeleton coupling and arm inertial properties that runs in real time.

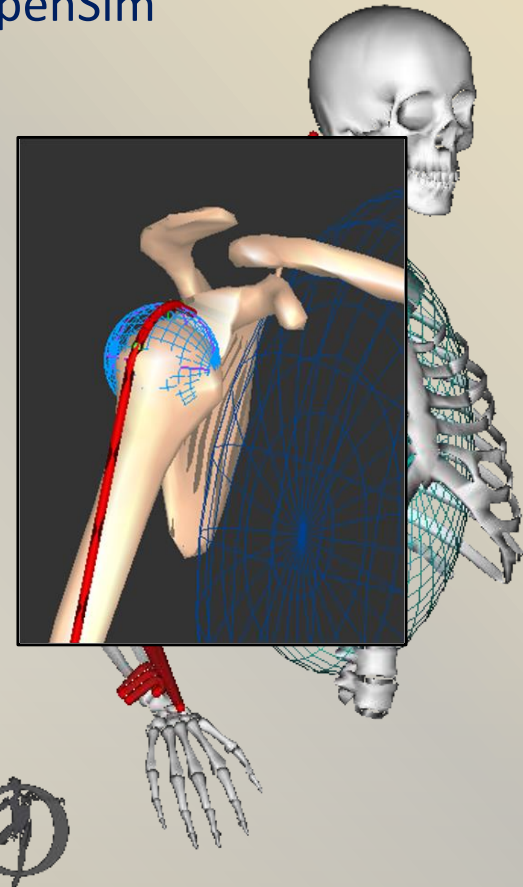




## 2. Building and simulating the model

# Building the model in OpenSim

- Model was originally built in SIMM, based on Delft Shoulder and Elbow Model (van der Helm, 1994), then converted to **OpenSim**
- 11 Degrees of Freedom
- 31 muscles, 138 muscle elements
- Wrapping objects defined around bones
- Hill-type muscle model
- First-order muscle dynamics



# Ensuring fast simulation of complex structures

- Use an implicit solver to address time-step problem
  - Allows much bigger integration steps to be taken for a stiff system

$$x_{n+1} = \Delta t f(t_{n+1}, x_{n+1}) + x_n$$

- Use analytical derivatives of state variables
  - Computationally faster than numerically estimating derivatives
- Pre-process moment arms and muscle lengths throughout workspace
  - Run-time calculation of muscle wrapping can be a time-consuming process

# Pre-calculation of muscle lines-of-action

- Muscle moment arms and lengths pre-calculated and exported using OpenSim API, while moving the model through its entire workspace

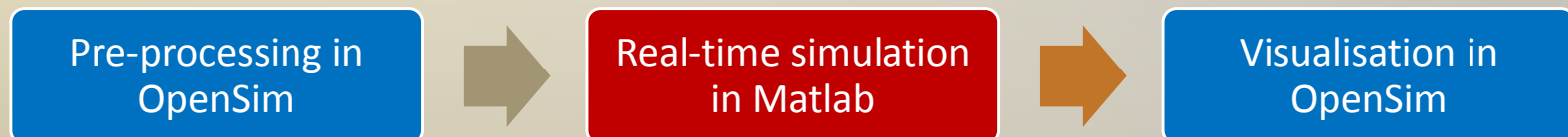
```
for istep = 1:size(angles,1)
    for idof = 1:nDofs
        currentDof = CoordSet.get(idof-1);
        currentDof.setValue(state, angles(istep, idof), 1);
    end

    for imus = 1:nMus
        length(istep, imus) = MuscleSet.get(imus-1).getLength(state);
    end
end
```

- Properties modelled using non-linear (max 4<sup>th</sup> order) polynomials with errors less than 10% of maximum values, or 2mm (whichever is greater).

# Implementation of real-time method

- Equations of motion and (analytical) derivatives for the model were calculated using [Autolev](#) (Online Dynamics Inc., Sunnyvale, CA)
- Muscle dynamics and derivatives were implemented using custom [C-code](#)
- Scapulo-thoracic contact was modelled using a non-linear elastic force
- Simulation was carried out in [Matlab](#) using an implicit solver (first-order Rosenbrock method)
  - Implicit method allows us to take much larger steps than explicit
  - Use of analytical derivatives speeds up step calculation

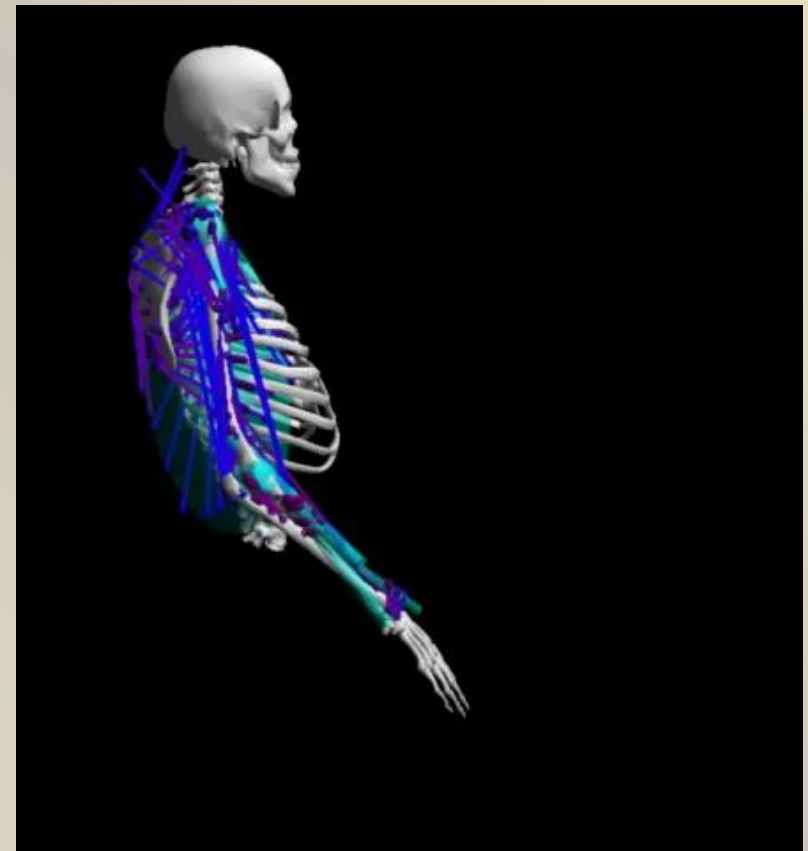
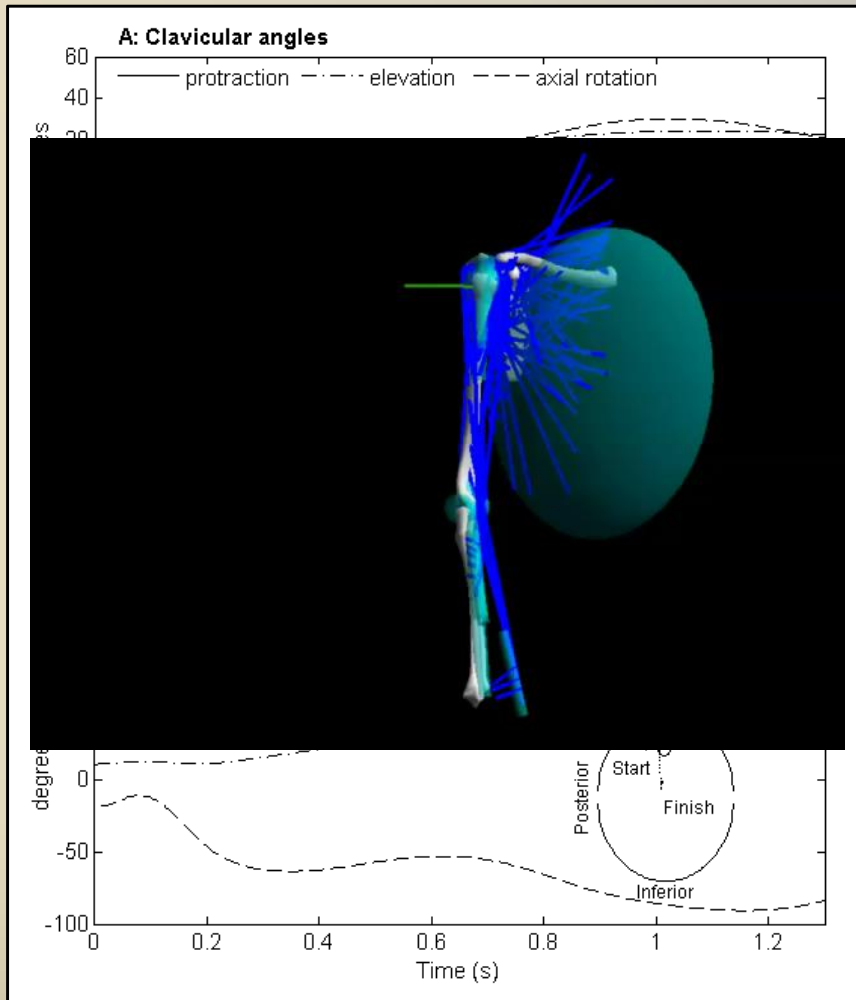






### 3. Results & example simulations

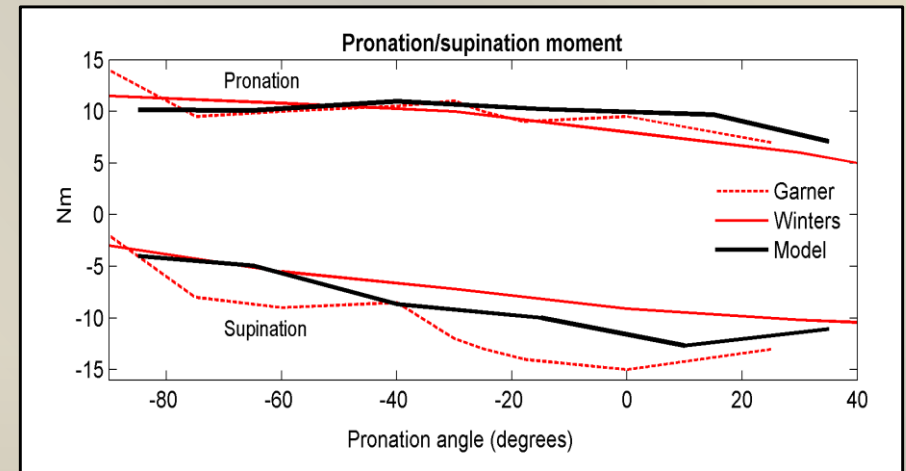
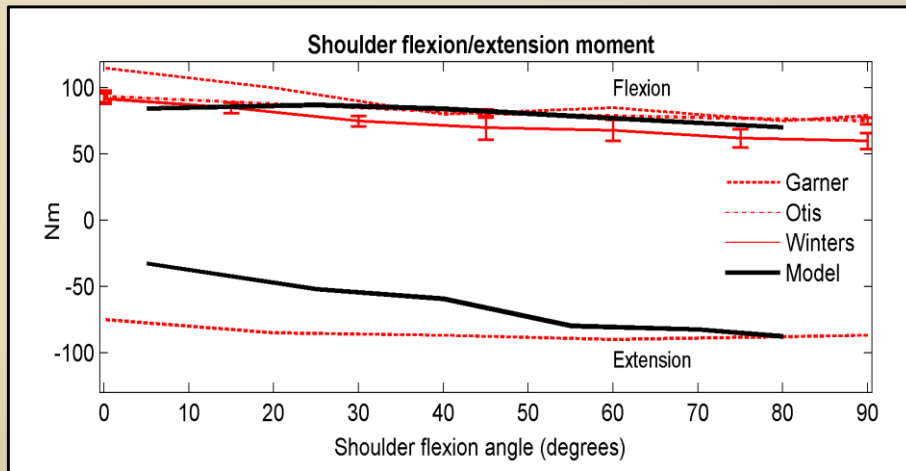
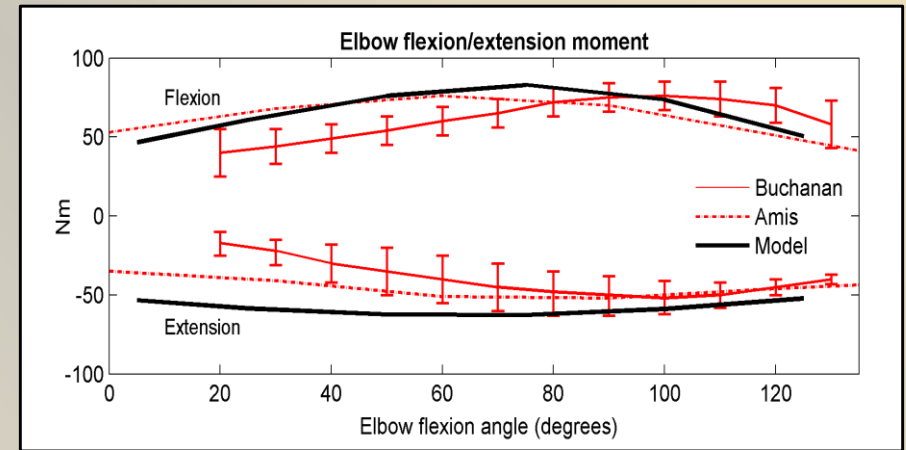
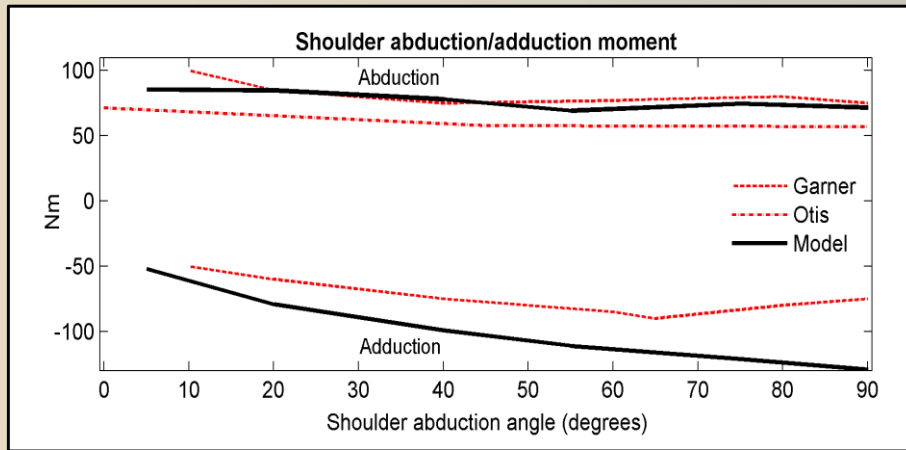
# Measuring model performance



*4s movement simulated in 3.5s*

Forward flexion of the arm using muscle activations from inverse dynamics

# Validating model behaviour



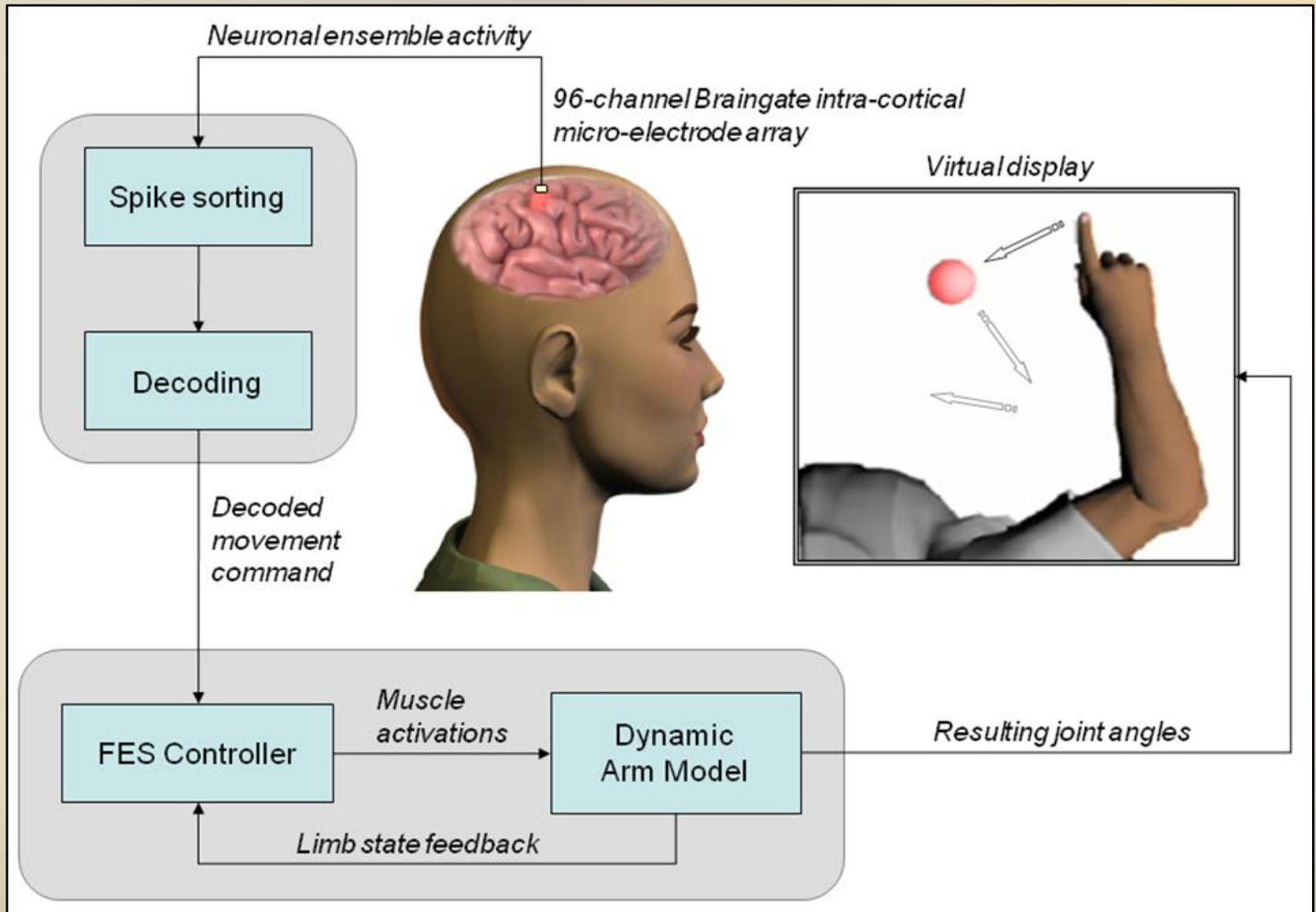
Isometric moments were maximised about each DOF and compared with literature

# User-in-the-loop simulations (DAS1)

## Use of real-time model in a virtual reality environment

- Participant with >10 yr brainstem stroke & locked-in syndrome, user of Braingate brain-computer interface (Brown University)
- Established BCI control of kinematic systems such as computer mouse
- Simplified model of dynamic arm simulator (planar movement)

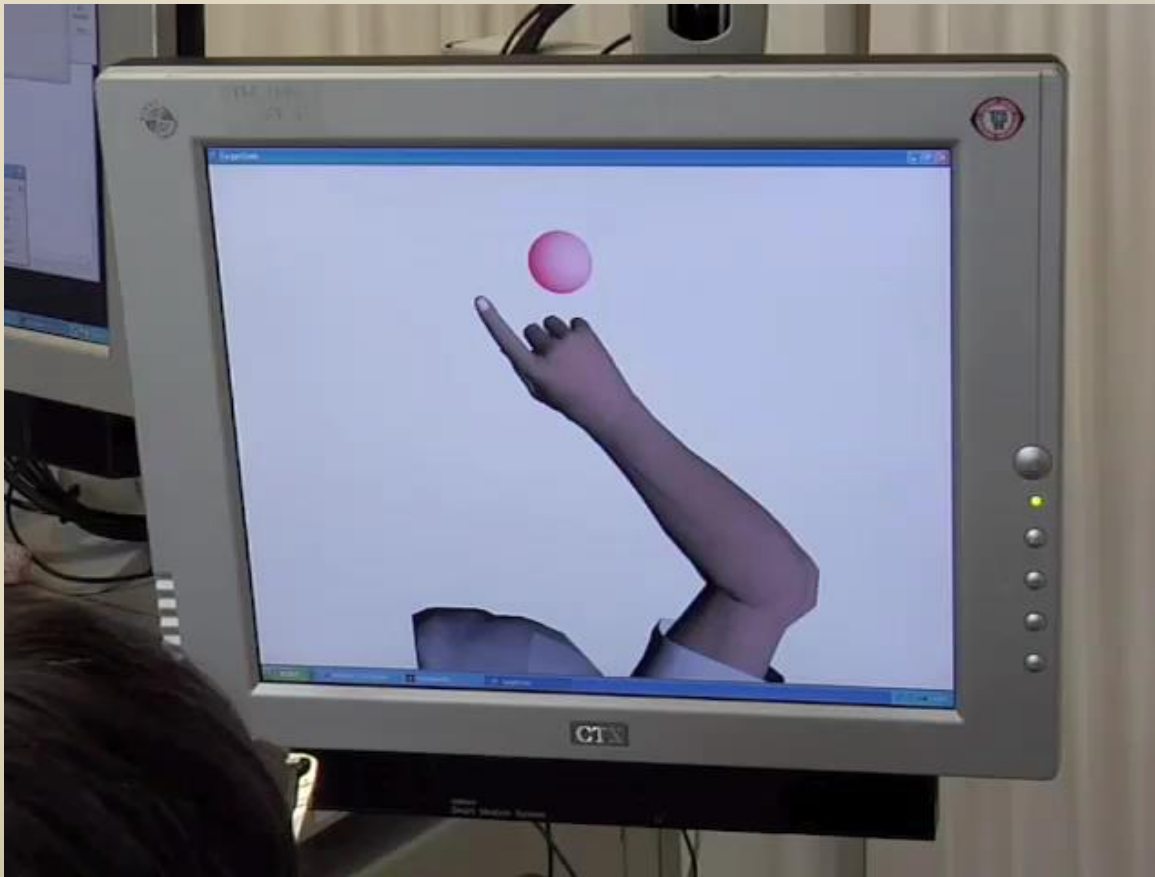
*How well can the user control a dynamic, non-linear system representing arm dynamics?*





# Case study: BCI development

Subject with brainstem stroke was able to achieve good control of virtual arm movement using a cortical BCI



- Control of a dynamic, non-linear system
- Training by thinking about arm movement
- Control following >10yrs arm non-use



## 4. Discussion of results and limitations



# Simulations are faster than real time

- Model approximates the dynamic behaviour of a real human arm
- Better than real time performance on 'normal' computer hardware
- Some additional time for calculation of additional output parameters
- Possibility to monitor GH stability in real time during the simulation
  
- When integrated with VR, gives sophisticated platform for virtual device development that allows
  - Investigation of participant potential and learning
  - Optimisation of location and number of stimulation channels
  - Development of controllers; testing command sources



# Limitations of the current model

- Some lack of agreement in moment-angle curves
  - Model is based on cadaver data; not matched to the individual participant
  - Approximation of moment arms
- Lack of neurological components in the model
- Missing hand!
- Difficulty of validation common to all musculoskeletal models



# Next steps

- Tighter integration with OpenSim
  - model building to allow easier model customisation and conversion to real time
  - improved visualisation of results for easier interpretation for both offline and user-in-the-loop simulations
- Extension of model to include neuro-muscular components and therefore ability to model wider range of pathologies
- Addition of capability to interact with the environment
  - Add hand and contact model

# Publications

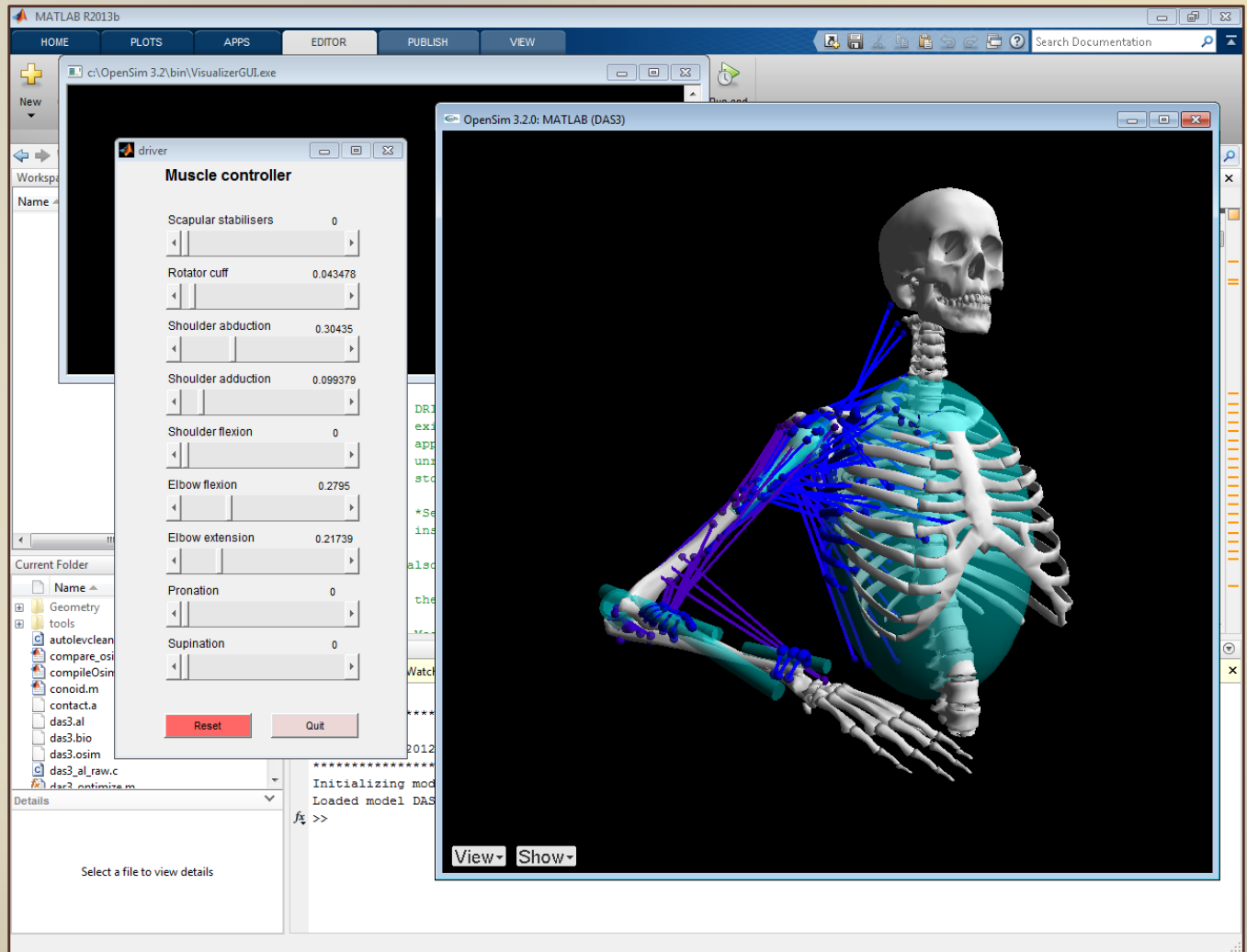
- Chadwick, Blana, Kirsch & van den Bogert (2014) Real-Time Simulation of Three-Dimensional Shoulder Girdle and Arm Dynamics. *IEEE TBME*, *In press*. [http://ieeexplore.ieee.org/xpls/abs\\_all.jsp?arnumber=6755458](http://ieeexplore.ieee.org/xpls/abs_all.jsp?arnumber=6755458)
- Chadwick et al. (2011) Continuous neuronal ensemble control of simulated arm reaching by a human with tetraplegia. *Journal of Neural Engineering*, 8(3), 034003. doi: <http://dx.doi.org/10.1088/1741-2560/8/3/034003>
- Van den Bogert, Blana, & Heinrich (2011) Implicit methods for efficient musculoskeletal simulation and optimal control. *Procedia IUTAM*, 2, 297–316. doi: <http://dx.doi.org/10.1016/j.piutam.2011.04.027>



# Download on SimTK.org

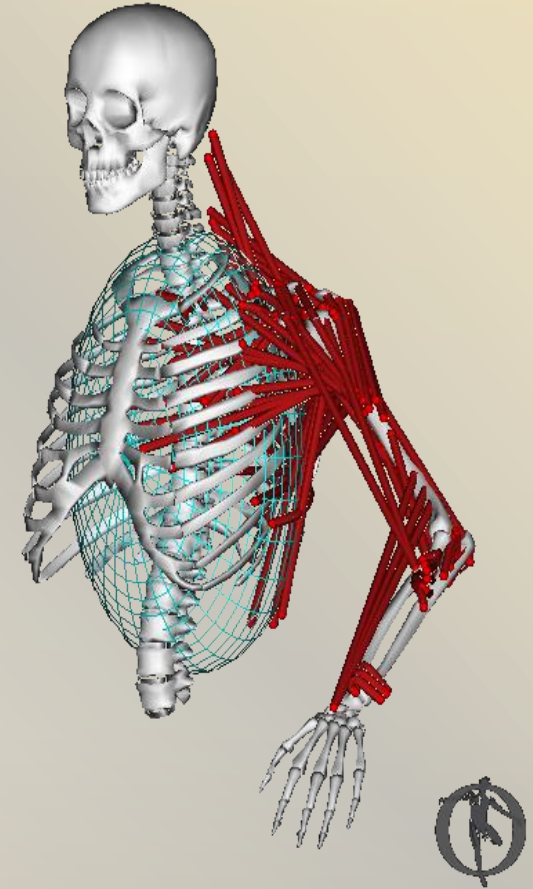
**MATLAB GUI and  
real-time model with  
OpenSim viewer**

**(slider-based control  
of muscle groups)**

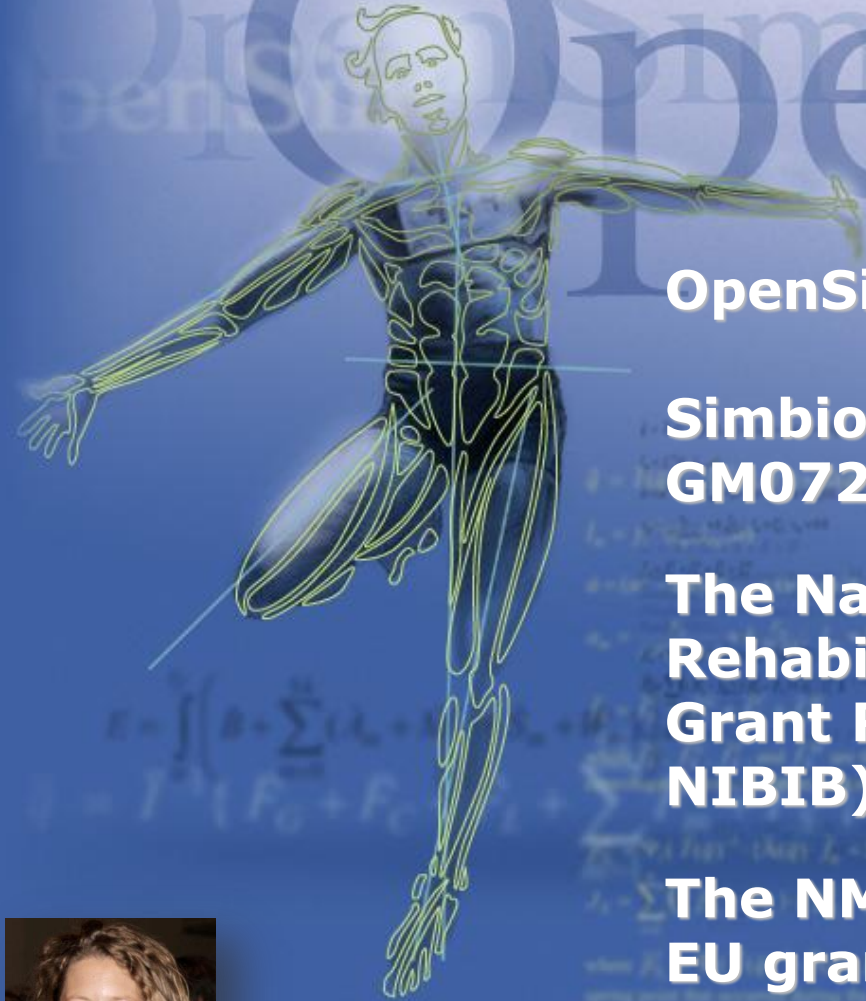


# More information and downloads

- SimTK home of the Dynamic Arm Simulator
  - <https://simtk.org/home/das>
- Keele Rehab group
  - <http://www.keele.ac.uk/istm/rehab/>
  - [Google+ page](#)
- [Kirsch at the Cleveland FES Centre](#)
- [Van den Bogert at CSU](#)



*Thanks for listening!*



**OpenSim is supported by:**

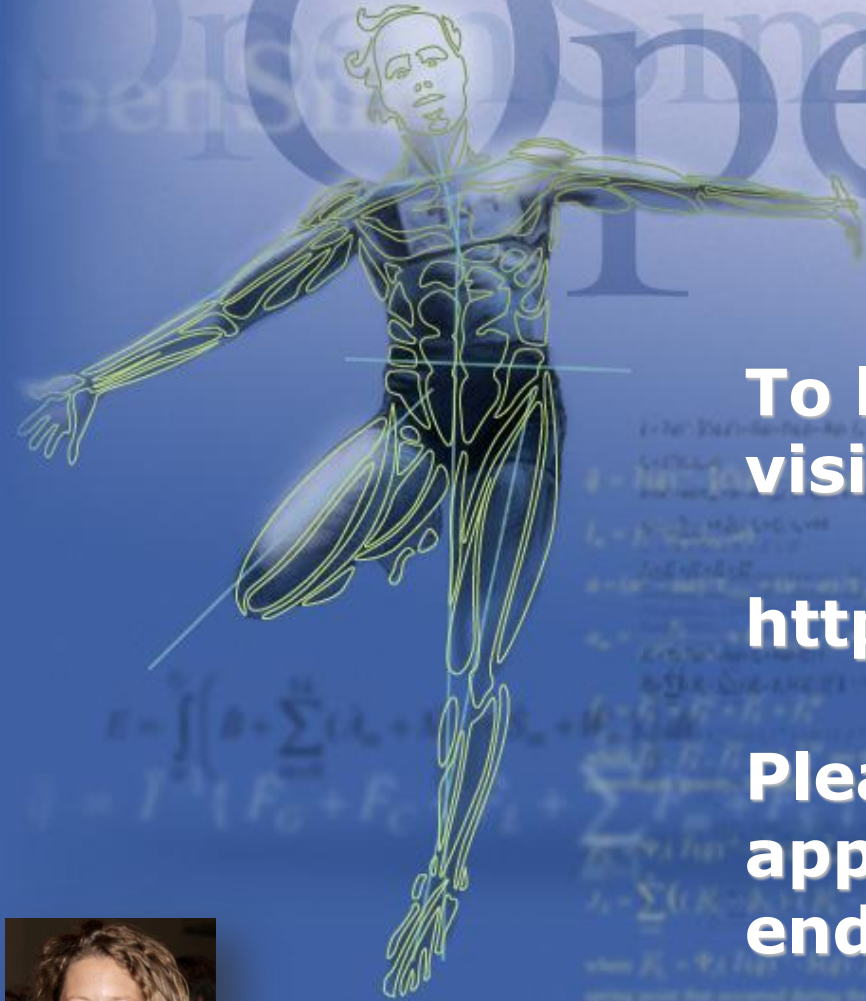
**Simbios under NIH Grant U54  
GM072970**

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Rehabilitation Research under NIH  
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NIBIB)**

**The NMS Physiome project funded by  
EU grant FP7-248189**

**The DARPA Warrior Web project**

# OpenSim



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appears after this webinar  
ends!

